

What to bring with you to Sangre de Cristo House

- **Current driver's license or photo ID** (or we can't admit you.)
- **A 30-day supply of any prescribed medication** you're taking, with refills. The nearest pharmacy is in Santa Fe, a Walgreen's on Airport Road at Jemez. If you have a physician, let them know that's where refills will be available.
- **A copy of Medical Clearance and TB test results.** The Medical Clearance form must be complete and signed by your Physician, dated within 10 days of admission. Please note that admission is not possible without a completed Medical Clearance. Your TB test results must be negative and up-to-date (meaning less than a year old). Results of testing for Hepatitis C may be pending, although the test date must be noted on the Medical Clearance form.
- **Other Appointments:** Please complete or reschedule any appointments, personal business, court hearings, etc... **BEFORE** entering the program. SDCH staff will help you keep current with necessary appointments.

And don't forget an adequate supply of items, along with back-up for your extended stay

Bring Your Medicaid Card, if applicable, (including for your children, if any are coming with you)

- Social Security Card
- EBT card
- 1-2 Notebooks for note-taking
- Pens and/or pencils, colored pencils, if desired
- Stamps and envelopes for communicating with family
- Telephone calling card
- Laundry soap. Please purchase soap labeled "H/E" or Environmentally Friendly
- Spending money (we permit residents to carry no more than \$20 on their person. We do have a safe for secure storage.)

Required Hygiene Items

- At least four towels and washcloths (scrubbies are allowed)
- Your favorite brand of soap
- Toothbrush and Toothpaste
- A razor
- Deodorant
- Comb and/or brush
- Hair spray (must be alcohol- free -- check the label)

Clothing Items

- Plastic Hangers (enough for your clothing that should be hung).
- 1 jacket, 2 sweatshirts, or a sweater (even in the summer, desert nights can be cool)
- 3-4 pair of sweat pants
- 5-7 pair of Jeans or casual pants, including shorts if needed.
- 7-10 Shirts (No "spaghetti straps", low-cut or revealing blouses allowed. No see-thru.)
- Socks



- Shower shoes/flip-flops
- Slippers
- Robe
- Underwear
- Bras
- Pajamas
- 1 pair comfortable walking shoes
- 3 skirts and/or dresses(again, no low cut dresses, miniskirts, or other revealing clothing)

Optional Items

- Books or other reading material (should be recovery-oriented)
- Hat or cap (it gets sunny)

Please Do NOT Bring

- Cell phone (you will not be permitted to use it)
- Jewelry Perfume and/or cologne are not allowed
- Knives
- Computer
- Camera
- Video Devices
- Clorox Bleach
- Personal gaming devices (PSP, Nintendo DS, etc...)
- ANYTHING that connects to the internet via Wi-Fi
- Clothing or personal items that have drug/alcohol/or sexual references, gang logos, etc...
- Pornography
- **Food of any kind.** We have plenty.

And Remember...

- **IF YOU'RE PREGNANT, LET STAFF KNOW IMMEDIATELY!**
- A urine analysis (UA) and breathalyzer test (BA) will be required before admission can occur.
- Please, make your transportation aware that they will need to stay until the results of your UA and BA have been admitted.
- There will be no phone calls for the first 30 days of your stay, unless there is an emergency.
- **If the Medical Clearance is incomplete, you will not be admitted.**
- **Please stay in touch with the Admissions Coordinator to confirm your arrival time and date.**
- Transportation is not provided for admission to our facility or at discharge. Please make transportation arrangements.

If you have any questions or concerns regarding your admission, please feel free to call the Admissions Coordinator, Monday through Friday, 8:30-5:00 at 505-465-2040, extension 12.